

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 8:00 to 10:00 Lake 88 Sunday Café Radio Show 10:00 Hymn Sing 11:00 Refreshments (BL) 2:00 Movie Matinee (T) 3:00 Tea Time (BL) 7:00 Classic TV (T)	<b>*NO SHUTTLE BUS*</b> <b>2</b> 10:15 Chair Exercise Video (T) 11:00 Morning Café (BL) 2:00 Knit and Natter 2:30 André Rieu Show (T) 3:30 Refreshments (BL) 7:00 Cards 7:00 Scrabble (Lobby Lounge) <small>Labor Day</small>	<b>3</b> 10:15 Chair Exercise Video (T) 11:00 Coffee and News (BL) 2:30 Danny O'Donnell Show (T) 3:30 Refreshments (BL) 7:00 Movie and Popcorn (T) 7:00 Cards <b>Walker Clinic 1:00 to 2:30</b>	<b>10:00 to 11:00 Shuttle Bus</b> <b>4</b> <b>10:15 Anglican Service (T)</b> 10:30 Otis Spunkmeyer Cookie Time 11:00 Morning Café (BL) 2:00 Knit and Natter 3:00 Refreshments (BL) 7:00 Cards 7:00 TV Sitcoms (T) 7:00 Crafts (A)	<b>5</b> 10:15 Resistance Band Exercises 10:45 Trivia 11:00 Coffee and News (BL) 2:15 Afternoon Bingo 3:30 Refreshments (BL) 7:00 Cards 7:00 Evening Social and Table Games (BL)	<b>6</b> 10:15 Chair Exercise Video (T) 10:30 Muffin Time 11:00 Coffee and Treats (BL) <b>11:00 Lunch and Classic Theatre with Sunset Club \$</b> 2:30 Danny O'Donnell Show (T) 3:00 Moo-Cycle (Outside Main Doors) 3:30 Refreshments (BL) 7:00 Pub Night (BL) <b>Smart Care Clothing 11:00 to 3:00</b>	<b>9:00 Parkinson SuperWalk in Perth</b> <b>7</b> 10:15 Chair Exercise Video (T) 11:00 Coffee and Chat (BL) 2:30 Billiards 3:30 Refreshments (BL) 7:00 Cards 7:00 Saturday Night Sing-along
<b>8</b> 8:00 to 10:00 Lake 88 Sunday Café Radio Show 10:00 Hymn Sing 11:00 Refreshments (BL) <b>2:00 Worship Service (T)</b> 3:00 Grandparents Tea (BL) 7:00 Classic TV (T) <small>Grandparents' Day</small>	<b>10:00 to 11:00 Shuttle Bus</b> <b>9</b> 10:15 Chair Exercise Video (T) 11:00 Morning Café (BL) 2:00 Knit and Natter 2:30 Bake Sale Baking (A) 3:30 Refreshments (BL) 7:00 Cards 7:00 Table Top Bowling (Lobby Lounge)	<b>10</b> 10:15 Resistance Band Exercises 10:45 Trivia 11:00 Coffee and News (BL) <b>2:30 Country Drive</b> 3:30 Refreshments (BL) <b>7:00 Entertainment with Tom Valliquette</b>	<b>10:00 to 11:00 Shuttle Bus</b> <b>11</b> 10:15 Chair Exercise Video (T) 10:30 Otis Spunkmeyer Cookie Time 11:00 Morning Café (BL) <b>2:30 Ageless Players Performance</b> 7:00 Cards 7:00 TV Sitcoms (T) 7:00 Crafts (A)	10:15 Resistance Band Exercises <b>12</b> 10:45 Trivia 11:00 Coffee and News (BL) <b>11:00 Lunch at King Star \$</b> 2:15 Afternoon Bingo 3:30 Refreshments (BL) 7:00 Cards 7:00 Evening Social and Trivia (BL) <b>Nails with Susan 10:00 to 5:00</b>	<b>13</b> <b>10:00 Catholic Church Service</b> 10:30 Muffin Time 11:00 Coffee and Treats (BL) 2:30 Therapeutic Coloring (A) 3:30 Refreshments (BL) 7:00 Cards 7:00 Pub Night (BL)	<b>14</b> 10:15 Chair Exercise Video (T) 11:00 Coffee and Chat (BL) 2:30 Rummikub Game (A) 3:30 Refreshments (BL) 7:00 Cards 7:00 Saturday Night Sing-along
<b>15</b> 8:00 to 10:00 Lake 88 Sunday Café Radio Show 10:00 Hymn Sing 11:00 Refreshments (BL) 2:00 Movie Matinee (T) 3:00 Tea Time (BL) 7:00 Classic TV (T)	<b>10:00 to 11:00 Shuttle Bus</b> <b>16</b> 10:15 Chair Exercise Video (T) 11:00 Morning Café (BL) 2:00 Knit and Natter 2:30 Bake Sale Baking (A) 3:30 Refreshments (BL) 7:00 Cards 7:00 Scrabble (Lobby Lounge)	<b>17</b> 10:15 Chair Exercise Video (T) <b>11:00 Symphony Picnic at Vincent Massey Park</b> 11:00 Coffee and News (BL) 2:30 Sing-along with Susie Q 3:30 Refreshments (BL) <b>7:00 Entertainment with Twilight Two</b>	<b>10:00 to 11:00 Shuttle Bus</b> <b>18</b> 10:15 Chair Exercise Video (T) 10:30 Otis Spunkmeyer Cookie Time 11:00 Morning Café (BL) 2:00 Knit and Natter 2:30 Horseracing 7:00 Cards 7:00 TV Sitcoms (T) 7:00 Crafts (A)	<b>19</b> 10:15 Chair Exercise Video (T) 11:00 Coffee and News (BL) 2:15 Afternoon Bingo 3:30 Refreshments (BL) 7:00 Cards 7:00 Evening Social and Table Games (BL)	10:15 Chair Exercise Video (T) <b>20</b> 10:30 Muffin Time <b>10:30 Country Drive</b> <b>2:30 Flower Arranging Group</b> 3:30 Refreshments (BL) 7:00 Pub Night (BL)	<b>International Dementia Day</b> <b>21</b> 10:15 Chair Exercise Video (T) 10:30 Brain Games (BL) 11:00 Coffee and Chat (BL) 2:30 Billiards 3:30 Refreshments (BL) 7:00 Cards 7:00 Saturday Night Sing-along <small>Oktoberfest Begins</small>
<b>22</b> 8:00 to 10:00 Lake 88 Sunday Café Radio Show 10:00 Hymn Sing 11:00 Refreshments (BL) 2:00 Movie Matinee (T) 3:00 Tea Time (BL) 7:00 Classic TV (T)	<b>10:00 to 11:00 Shuttle Bus</b> <b>23</b> 10:15 Chair Exercise Video (T) 11:00 Morning Café (BL) 2:00 Knit and Natter <b>2:30 Apple Harvest Festival</b> 7:00 Cards 7:00 Table Top Bowling (Lobby Lounge) <small>Autumn Begins</small>	<b>24</b> 10:15 Resistance Band Exercises 10:45 Trivia 11:00 Coffee and News (BL) 2:15 Afternoon Bingo 3:30 Refreshments (BL) <b>7:00 Birthday Party with Arlene Quinn</b> <b>Made from the Heart Jewelry 10-2</b>	<b>10:00 to 11:00 Shuttle Bus</b> <b>25</b> 10:15 Chair Exercise Video (T) 10:30 Otis Spunkmeyer Cookie Time 11:00 Morning Café (BL) <b>2:15 Residents Association Meeting</b> 3:30 Refreshments (BL) 7:00 Cards 7:00 TV Sitcoms (T) 7:00 Crafts (A)	<b>26</b> <b>9:30 Trip to the Casino \$</b> 10:15 Chair Exercise Video (T) 11:00 Coffee and News (BL) 2:30 Country Lane Sing-along (T) 3:30 Refreshments (BL) 7:00 Cards 7:00 Evening Social and Trivia (BL)	10:15 Chair Exercise Video (T) <b>27</b> 10:30 Muffin Time <b>10:30 Country Drive</b> 11:00 Coffee and Treats (BL) <b>2:30 Euchre Tournament</b> 3:30 Refreshments (BL) 7:00 Pub Night (BL)	<b>28</b> 10:15 Chair Exercise Video (T) 11:00 Coffee and Chat (BL) 2:30 Spill and Spell Game (A) 3:30 Refreshments (BL) 7:00 Cards 7:00 Saturday Night Sing-along
<b>29</b> 8:00 to 10:00 Lake 88 Sunday Café Radio Show 10:00 Hymn Sing 11:00 Refreshments (BL) 2:00 Movie Matinee (T) 3:00 Tea Time (BL) 7:00 Classic TV (T)	<b>10:00 to 11:00 Shuttle Bus</b> <b>30</b> 10:15 Chair Exercise Video (T) 11:00 Morning Café (BL) 2:00 Knit and Natter 2:30 Bake Sale Baking (A) 3:30 Refreshments (BL) 7:00 Cards 7:00 Scrabble (Lobby Lounge) <small>Autumn Begins</small>	<h1>September 2019</h1> <h2>Oasis (Assisted Living)</h2>				