

At 91 years young Eleanor found Symphony -- 6 years later, she is still enjoying life!

Eleanor Westfall is a six-year resident of Symphony Senior Living Orleans. Eleanor lived in our independent apartments for 4 years before moving into assisted living 2 years ago. Now 97 years young, she still enjoys helping others where ever and whenever she can.

Eleanor grew up amongst 8 siblings and had to leave school at the age 16 (grade 11) to help in the home. She married a gentleman in the air force and had 2 daughters, Janice and Marilyn. Eleanor is proud to have stayed at home, raise her girls and look after the household. Being with the military, the family travelled all over the country.

In her young years, Eleanor loved to read, knit, bowl and curl. Eleanor was a big fan of the Toronto Blue Jays and was lucky enough to meet the team in Ottawa, at the Governor General's house after they won the World Series.

She has no regrets in life.

Eleanor's words of wisdom: "Young people should stay off their phones, communicate more in person, and one on one".

What brought Eleanor to Symphony Orleans? For many years, Eleanor lived on her own, in her own house which her husband's father had built. The day she found out the house had leaks, was the day she knew it was time to go. She was 91 years old at that time. Her daughters, who were ready for her to make to move, were finally happy that their mom had made this decision on her own.

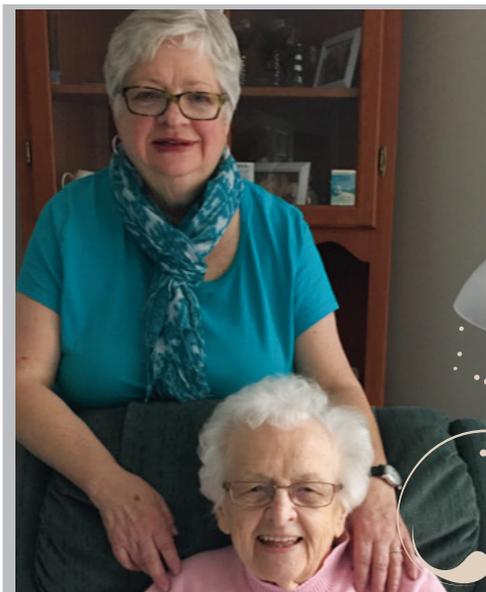
Eleanor is grateful to be at Symphony, she now feels safe and has a greater sense of security.

Eleanor's daughter, Janice, was present during the interview. When asked about having her mom at Symphony, Janice is thankful that is mom is so close by.

Janice recalls her mom being a chaperone in Yukon for the Teen Town Friday Night dances. "Who wants their mom at the dance"? she mentioned, "especially when she was one of the first on the dance floor".

Janice hopes that her mom will continue to be healthy. Eleanor does not take any medications. She has survived and conquered breast cancer not only once, but twice.

Eleanor, you're an inspiration to us all!



Symphony Senior Living
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Phone: (613) 837-1100
6419 Lumberman Way, Orleans, ON, K1C 6E8
www.symphonyseniorliving.com